

AT MY AGE...

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I hear in many occasions the common phrase: At my age ... At my age I'm not moving to a new house, city, country, At my age I will not take up any new studies, At my age I do not have the ability to study a new language. At my age I'm not going to start a business ... etc., etc.

And I ask myself, what is the age of "At my age" ... 20, 30, 40, 100? Why do people impose limits on themselves denying the infinite possibilities that the universe offers while chaining themselves to the negative phrase At my age...?



This is the age that each person chooses to be