

NEGATIVE AGE or Rejuvenation is simple

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To become younger, we must follow three Taoist principles:

1. Create the Void. Get rid of all non-essentials. Non-essentials obstruct the path of life and add worries and fear.
2. Have only positive thoughts. Negativity destroys the soul.
3. Flow like a river--always ahead without looking back. Cast aside obstacles until reaching the desired destination. And upon your arrival, keep on flowing endlessly.

Well then, if we follow these principles we can lose enough years and become young enough to arrive at a NEGATIVE AGE, a new concept about time¹. What might occur, then, if we reach -1, -10, -20, etc.? Would it be possible to live another life while avoiding the mistakes of our current life? Might it be possible that the void created by ridding ourselves of the negative could make room for the positive to enter?

It is simply a matter of trying...

¹ Cristina Bertrand essay about the Black Holes of Time